

## Introduction to the Human Body

1. Definitions (Page 2)

A. Anatomy

B. Physiology

2. Levels of Structural Organization (Pages 2-5) See handout as well.

A. Chemical Level

B. Cellular Level

C. Tissue Level

D. Organ Level

E. System Level

F. Organism

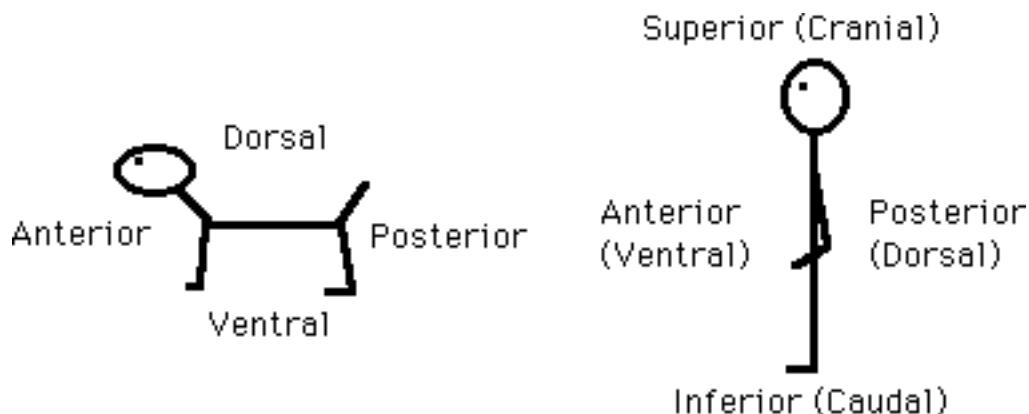
3. Essential Anatomical Terminology (Pages 6 - 13)

• Anatomical Position (Figure 1.3)

A. Directional Terminology (Pages 6 ff)

i. Superior / Inferior

ii. Dorsal / Ventral



iii. Anterior / Posterior (see figure 2.6; page 29)

iv. Medial / Lateral

v. Proximal / Distal

vi. Superficial / Deep

B. Planes (Page 8 - 9)

i. Frontal Plane

ii. Sagittal Plane

iii. Transverse Plane

iv. Oblique Plane

C. Major Body Regions (Page 8, figure 1.4)

i. Cephalic

ii. Nasal

iii. Buccal

iv. Oral

v. Cervical

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- vi. Sternal
- vii. Axillary
- viii. Brachial
- ix. Antebrachial
- x. Abdominal
- xi. Umbilical
- xii. Inguinal
- xiii. Pubic

D. Body Cavities (Page 9 - 12) (See also handout on Body Cavities)

- i. Dorsal Body Cavity
  - a. Cranial Cavity
  - b. Spinal Cavity

ii. Ventral Body Cavity

\* Diaphragm

\* Viscera

a. Thoracic Body Cavity

• Mediastinum

• Pericardial Cavity

\* Parietal Pericardium

\* Visceral Pericardium

\* Pericardial Fluid

\* Pleural Body Cavity

\* Parietal Pleura

\* Visceral Pleura

\* Pleural Fluid

b. Abdominopelvic Cavity (Page 11 - 13; See also handout)

• General Regions of Abdominopelvic Cavity

\* Abdominal Cavity

\* Pelvic Cavity

• Parietal Peritoneum

• Visceral Peritoneum

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- Mesentery
- Peritoneal Fluid
- Intraperitoneal
- Retroperitoneal

4. Homeostasis (See handout on Homeostasis and Stress) (Pages 13 - 16)

A. Feedback Systems (Page 13-16)

- i. Negative Feedback System
- ii. Positive Feedback System

B. Stress

- i. Stress and Aging

C. Disease (Page 15)

- i. Stress and Aging